



UNITARIAN  
UNIVERSALIST  
CONGREGATION of  
GREATER NAPLES

## 10/6/19 FAMILY TAKE-IT-HOME

curated by Mary Borland, (DRECE)

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Themes: Belonging & UU Source: World Religions Hinduism

### PreK-2nd grades:

**Focus Question:** How can we set ourselves free when we feel we don't belong?

**Practice:** The skill of finding the courage to leave when we need to.

**Session Goal:** Begin to understand the difference between belonging and not belonging.

**UU Principle # 4 Search for What is TRUE** (A free and responsible search for truth & meaning)

Story: **Stellaluna** by Janell Cannon (9:23 min) Video: [https://www.youtube.com/watch?v=Mk8uL9o\\_f9w](https://www.youtube.com/watch?v=Mk8uL9o_f9w)

**Theme Message:** A story about belonging and not belonging. Stella Luna doesn't belong in the bird nest, and finally returns to being her bat self when her mother finds her.

**Activities:** **Box building to make a place you or a toy belong. Fruit Bat Video -(2:38 minutes info from the Zoo)** Invite the children to learn more about the fruit bats, like Stella Luna, and how they like to belong in a group and hang together in trees.

<https://www.youtube.com/watch?v=HSCAZvrAREk>

**3-5th** (since this group did not get to make the figure of Goliath last week, there was a request to continue talking about Judaism (the Ten Commandments and the story of David and Goliath

- Listen to this **Ted Talk by Malcom Gladwell tells the "Unheard story about David and Goliath** and adds some interesting ideas from knowledge of ancient warfare and medical speculation about Goliath (15:20 minutes)  
[https://www.ted.com/talks/malcolm\\_gladwell\\_the\\_unheard\\_story\\_of\\_david\\_and\\_goliath/transcript?language=en](https://www.ted.com/talks/malcolm_gladwell_the_unheard_story_of_david_and_goliath/transcript?language=en)

**(and for ADULTS:** here's a video discussion of a UU interpretation of "The Ten Commandments: A Radical Manifesto for the 21st Century with UU Minister Ana Levy-Lyons author of the book: [No Other Gods: The Politics of the Ten Commandments](#)  
Note: This video from the Church of the Larger Fellowship (The VUU # 212") and is about an hour long <https://www.youtube.com/watch?v=KnMyf82BY70>

### 6th & Up - Hinduism

- **VIDEO What is Hinduism? by Cogito** - moves fast! (17:51 minutes)  
<https://www.youtube.com/watch?v=xIBEEuYIWwY>

- **OWN network (2:53 minutes)** the throwing of the colors being tossed in this video is just one Hindu celebration called “Holi” This speaker talks about “ many paths up one mountain” (*which is a different view than Steven Prothero’s idea of Many Paths up Many Mountains*) <https://www.youtube.com/watch?v=xIBEEuYIWwY>
- **Hindu Music and prayers - play some of this and breath in and out.**  
(<https://www.youtube.com/watch?v=Ylwjv1SM9NE>)
- **AUDIO (29:48 mins) from Interfaithradio.org about HINDUISM with Stephen Prothero who wrote the books God is Not One, (and Religious Literacy: What Every American Needs to Know and Doesn’t)**  
[https://interfaithradio.org/SeriesDetails/Hinduism\\_\\_The\\_Way\\_of\\_Devotion](https://interfaithradio.org/SeriesDetails/Hinduism__The_Way_of_Devotion)  
Author, Stephen Prothero calls Hinduism an “over-the-top religion of big ideas, bright colors, soulful mantras, spicy foods, complex rituals and wild stories.” The world’s oldest living religion, Hinduism is an attempt to escape the endless cycle of life, death and rebirth. The goal is to free the soul from bondage, a path known as moksha, or release.

From Building Bridges (A UUA Tapestry of Faith curriculum)

- **Hinduism Fact Sheet**  
<https://www.uua.org/re/tapestry/youth/bridges/workshop4/183284.shtml>
- **Excerpt from the Bhagavad Gita (Hindu text) About learning to not be attached to outcomes** <https://www.uua.org/re/tapestry/youth/bridges/workshop4/handout2>