



UNITARIAN
UNIVERSALIST
CONGREGATION of
GREATER NAPLES

9/29/19 FAMILY TAKE-IT-HOME

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Themes: Expectation & UU Source: Jewish Heritage

Story: David & Goliath PreK-2nd book: **David and Goliath: A Bible story retold & illustrated by Jean Marzollo, 3-5th Story** (p. 94 Timeless Themes curriculum, psalms from NIV bible - adaptation by Mary Borland)

David, the son of Jesse, was the youngest of eight brothers. His three oldest brothers went off to fight the Philistines, who were enemies of Israel at the time. The other four were home tending to the sheep and making cheese. David got to be the errand boy, taking food to the camp soldiers and his brothers. While David was bringing food at the battlefield one day, he saw a very big Philistine step out from a group of his fellow soldiers. He yelled at the top of his lungs, 'I am Goliath. Today I defy the ranks of Israel! Give me a man that we may fight together.' David saw all the men of Israel stepping back - away from from this giant of a man.

David asked the soldiers now walking and running by him "What might King Saul give as a reward to the person who kills Goliath? The soldiers repeated "many riches" One of David's brother's, got angry at David for asking these questions and told him to go back to tending the sheep! What do you know of the matters of war?!"

but King Saul heard that David was asking about the reward for killing Goliath, and since no one else had considered fighting Goliath, the King sent for the young man and asked him why he thought he could battle Goliath. David told Saul about the lion and bear he had killed in protecting his father's sheep.. He said, "God, who saved me from the paws of the lion and bear, will save me from the hand of this Philistine."

Saul then said, "Go, and may God be with you ... but wait let me outfit you for the fight!" Saul put armor, a bronze helmet, a coat of mail, on David and handed David a sword. But these things were so heavy David couldn't move and took it all off. Instead, he picked up his shepherd's staff, and selected five smooth stones for his slingshot on his way to meet Goliath.

When Goliath saw a young boy before him with a slingshot, he said, "Am I a dog, that you come at me with sticks? Come to me and you will end up as a meal for the birds of the air and the wild animals of the field." David replied that God would save him, and not a sword or spear.

Next Goliath and David both ran towards each other. David reached into his bag, took out a stone, and slung it from his slingshot. "Thwack!" The stone struck Goliath's forehead hard and he fell down to the ground - dead! And the Philistines retreated. The Jewish soldiers cheered and David, a musician at heart, sang songs. David was no longer seen as the little brother who couldn't do what his older brother's could. He had defeated Goliath. David went to live with King Saul and eventually married the king's daughter, Michal. When he was older, **David became the most famous king Israel ever had and Jewish tradition says he wrote many more psalms - or sacred songs of praise - Praise for creation, for God's kindness, or to call upon God in times of need when the Jewish people were in jeopardy. The Book of Psalms is important to both Jewish and Christian People to this very day where psalms are read when people gather.**

Conversation Starters for David & Goliath

QUESTIONS:

- How did people underestimate David'?
- Do you feel people underestimate you? Give an example
- This is an old story, as a Unitarian Universalist today - How might you respond non-violently to resolve the conflict?

Follow up

- There are 150 Psalms in the Book of Psalms read by both Jews and Christians Do you know any? One Famous one is Psalm 23
- As UU's we may consider and work for non-violent ways to deal with conflict - which is a courageous action if no one else speaks up or acts. And people might not expect you to really care or listen and try to work through the conflict.
- **As a Unitarian Universalist you may share the feeling of responsibility to work for justice in the world.**



Harp music (pick one or two) Look at people playing harp.

- Play Harp music

(Beauty and the Beast song by Alan Menken played by Amy Turk on the Harp - 3:42 minutes)

<https://www.youtube.com/watch?v=cS5d2wD8Ool>

Pokemon TV Theme Amy Turk -1:27 minutes

<https://www.youtube.com/watch?v=GFW57LaeUpE&list=RDcS5d2wD8Ool&index=11>

Despacito by Luis Fonsi played by Evalina Simon

<https://www.youtube.com/watch?v=zuTcGvSNG4E&list=RDcS5d2wD8Ool&index=28>

- VIDEO - Psalm 27, "Adonai Ori" The L-rd is my Light (this is long 9:57)
<https://www.youtube.com/watch?v=wMZkqhZfVqc>

Middle & High School: Read ***The Ten Commandments*** (from UUA.org, Building Bridges)

Conversation Starter: "Rules are generally made to benefit individuals and community. Which of the Ten Commandments are geared toward benefiting individuals? Which are geared toward benefiting community? Why do you think so?"

A Story about Wise King Solomon A king of the Jewish people- Solomon's known for his wisdom in solving disputes. This is one famous story of two women coming before King Solomon. Each woman had recently given birth and one baby lived. Both claimed that they were the mother of that baby. Solomon said, "In the law we must be fair. Where is a sword? Let us chop the child in two and give each of you a half." "NO!" cried one woman. Solomon then gave the baby to that woman because the true mother would not want her child harmed.

- As Solomon was clever in seeking to apply the law fairly, living Judaism looks to the Torah for law, yet the lens that God wants people to live together in a climate of compassionate justice.
- Interpreting and analyzing the teachings and stories of the Torah is central in all movements in Judaism, from ultra-Orthodox to contemporary humanist.

For Parents - RAISING A NON-VIOLENT CHILD

<http://extension.udel.edu/factsheets/raising-a-non-violent-child/>

Younger Children may cut out these strategies & paste on a construction paper shield

A 4-Step problem solving method to solve YOUR own problems.

It will take time to learn how to do this, and you will make some mistakes.

But it is through our mistakes that we learn.

- 1. Identify the problem.** *State the problem. Define the problem.*
- 2. Brainstorm and evaluate possible solutions.** *Think about how you might solve the problem. Come up with as many solutions as possible (this is brainstorming). You can even be a bit silly. Once the list is completed, go over what might happen if you tried each solution. For example, what might happen if you offered to trade the toy vs. grabbing it back?*
- 3. Choose a solution and try it.** *Pick one of your solutions and to try it. Remember if it doesn't work, you still have other solutions to try.*
- 4. Evaluate the outcome. Did it work?**
 - *Did the the solution worked and how do you know this?*
 - *If you're not happy with how things turned out, try another one of the solutions from step 2. (Or perhaps younow sees the problem differently, and needs to go back to step 1.)*

Some Non-Violent Responses to Conflict

*from Peace on the Playground: Non-violent ways of Problem-solving by Eileen Lucas
The Big picture of what to do:*

Talk about the problem. Explain. Give Information. Negotiate.

1. Be a Good Listener. Let the other person know you are really interested in what's being said.
2. Ask someone who's not involved to help (This person is sometimes called a mediator)

HERE is a PROBLEM-SOLVING PLAN:

- 1. Talk until everyone agrees on what the problem is.**
- 2. Brainstorm!** Think up lots of ideas but don't judge them right away..
- 3. Talk about your ideas.** Combine some? Drop some?
- 4. Narrow down choices.** Try to arrive at the best possible solution.
- 5. Decide to put that solution into action.**
- 6. Evaluate how well it's working. Be open to try something else.**